



PROCLAMATION

WHEREAS, parks and recreation is an integral part of communities throughout this country, including the City of Valdez and the availability of parks and recreation promotes a high quality of life and improves the physical and mental health of communities; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, and other activities designed to promote active lifestyles; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports, and environmental education, are critical to childhood development; and

WHEREAS, parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month and the City of Valdez recognizes and values the benefits derived from parks and recreation resources.

NOW THEREFORE, I, Dennis Fleming, Mayor of the City of Valdez, do hereby proclaim the month of July 2026 as:

NATIONAL PARKS AND RECREATION MONTH

in Valdez and encourage all citizens to reflect on the importance of parks and recreation in our daily lives and on the essential role they play in our community.

Dated the 7th day of July, 2026

CITY OF VALDEZ, ALASKA

ATTEST:

Dennis Fleming, Mayor

Sheri L. Pierce, MMC, City Clerk